

# **Nancy Salem- Hartshorne**

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***„Adulging: It can be done!”***



# ADULTING! IT CAN BE DONE!

Nancy Hartshorne, Ph.D.

## BUT, HOW?

- Jake's Life Now
- Housing
- Funding
- Staffing
- Daily Activities
- Safety
- What Works
- Outcomes

### JAKE'S LIFE NOW

### HOUSING

### FUNDING IN USA

- Medicaid Home and Community-Based Services
  - Jake has a Medicaid Habilitation Waiver.....
- Department of Health and Human Services
  - Adult Home Help "Chore Services"
  - Food Stamps
  - Social Security Income/Adult Child of Retired Person

### STAFFING

Recruitment

- Why College Students?
- Hiring/Interviews/Turnover
- Lead Staff and Roles
- Training: CHARGE and DeafBlindness
- Training Protocol and Shift Training
- Train the Trainers
- On Call
- Charting
- Timesheets
- Whentowork

## LIFE AT HOME



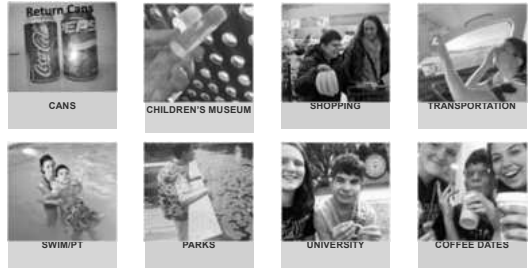
PECS

SCHEDULES

ACTIVITIES: CHORES, HOT TUB, TRAMP TUB, WINDOW SEAT, BIKE

DECOR

## LIFE OUTSIDE OF HOME



CANS

CHILDREN'S MUSEUM

SHOPPING

TRANSPORTATION

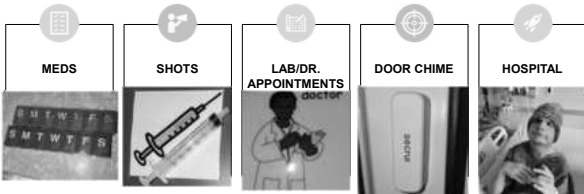
SWIM

PARKS

UNIVERSITY

COFFEE DATES

## HEALTH AND SAFETY



MEDS

SHOTS

LAB/DR. APPOINTMENTS

DOOR CHIME

HOSPITAL

## WHAT WORKS



## STRUGGLES

Turnover of Staff  
 Understanding everything/dilution of information/repetitive reminders  
 Hospitalization and Funding: Double-dipping  
 Endless agency paperwork  
 Nighttime services removal  
 Spending down money (new savings account idea?)  
 Guardianship/Standby



## THE FUTURE



### GUARDIANSHIP

- Brothers/Daughters-in-Law
- April as On-The-Ground Me Replacement



### LETTER OF INTENT

- Trying to get it written
- Making sure it's all there
- Specialneedsplanning.com (Affinia financial group...free!)



### MONEY

- Medicaid Irrevocable Trust

## **OUTCOMES**

Hopes and dreams realized!



## **THANK YOU**

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